

Download Marriage Repair After An Affair

After an affair you should first ask yourself if you are serious about staying in the relationship. If you really don't want to be together, it is better to end with respect and kindness than to prolong the suffering. If you are both willing, the marriage can recover with time and patience on both of your parts. Repairing Your Marriage After An Affair So You Had An Affair and Want To Repair Your Marriage. In order to lie to your spouse and cheat on your marriage vow, betray your spouse's trust, and risk losing your marriage and children, your character had to slip into a shameful place. If you are still interested in holding on to your marriage, then these steps can help point you in the right direction. Before choosing to continue or end your marriage, take the time to heal and understand what was behind the affair. This is not a decision to make at the height of your emotional struggles. This is not a decision to make at the height of your emotional struggles. Repairing a marriage after one partner has had an affair is a difficult and challenging proposition. Many marriages do not survive infidelity because the trust is lost and forgiveness is impossible. For those marriages that do survive, the couple must take important steps to repair the damage, and the guilty partner should make a living amends, ensuring that she doesn't commit the same offense again.