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Culinary Tea: More Than 150 Recipes Steeped in Tradition from Around the World [Cynthia Gold, Lise Stern] on Amazon.com. \*FREE\* shipping on qualifying offers. This cutting-edge tome on one of the world's oldest ingredients and most popular beverages will be an invaluable tool for both home and professional cooks. Gold and Stern offer new ways ...In the "Tea Cookbook", Tonia George presents a unique take on tea culture by offering both sweet and savory recipes using a whole host of exquisite flavors. Muffins English muffins, crumpets, scones & bannock American muffins Blueberry muffins. Researching the history of bread-related products is difficult because bread is THE universal food. Apple sauce cakes Culinary evidence places apple sauce cake (cookies, muffins, breads) in the twentieth century. Why? They are cakes of convenience rather than tradition.